

Carlisle
Infant & Nursery School



Welcome

Meet the nursery staff

Mrs Basterfield
(Mon Tues Wed)



Mr Wallace
(Thur Fri)

Mrs King
(mon Tues Wed am)



Mrs Grace
(Wed pm Thur Fri)



Nursery session times

- **30 hours, full day - 8:45am-3:15pm.** Monday, Tuesday, Wednesday, Thursday and Friday. They will need a packed lunch every day in a clearly named lunchbox
- **15 hours, beginning half week - 8:45am-3:15pm.** Monday, Tuesday and 8:45am-11:45am Wednesday. They will need a packed lunch Monday and Tuesday only, in a clearly named lunchbox
- **15 hours, end half week - 12:15pm-3:15pm.** Wednesday and 8:45am-3:15pm. Thursday, Friday. They will need a packed lunch Thursday and Friday only, in a clearly named lunchbox
- **15 hours, mornings – 8:45am-11:45am.** Monday, Tuesday, Wednesday, Thursday and Friday. They will need to eat lunch at home after the session and will not need to bring a packed lunch on any day
- **15 hours, afternoons – 12:15pm-3:15pm.** Monday, Tuesday, Wednesday, Thursday and Friday. They need to eat lunch at home before coming to the session and will not need to bring a packed lunch on any day

School uniform

- black or grey skirts/trousers
- white/blue polo shirt
- school cardigan/jumper
- black shoes – preferably with a Velcro fastening
- white/black/grey socks or tights

Please name everything especially jumpers/cardigans, coats, hats, shoes and wellies

In addition, children will need to bring a waterproof coat everyday for outdoor learning and a pair of wellies to be left in school on our welly rack.

In summer a named sun hat is needed

Lunch

Please send your child with a healthy lunch box. A little bit of lots of different things is better than 1 huge apple/sandwich!

- Sandwiches/pasta/wraps/noodles/rice/crackers
 - Cheese/ham/tuna/egg
 - Fruit – a few chopped up grapes/strawberries/raisins/slices of apple/segments of orange
 - Salad – a few sticks of carrot/cucumber/pepper/chopped up cherry tomato
 - Yoghurt
 - Occasionally a few crisps in a pot/biscuit
 - Drink – water/juice
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- We have a no chocolate in school policy because we are a healthy eating school

Toileting

- There is a leaflet in your nursery information pack about toilet training your child. Please read it at home and use it if your child needs training before September
- All children should be able to use the toilet themselves when they come to nursery. This includes pulling down pants and trousers and pulling them back up again and washing their hands independently afterwards
- We do expect the odd accident and will change them in school with any spare uniform we have. All that we ask is that you wash it and return it as soon as possible ready for the next person!
- Our toilets are small enough for the children to sit down by themselves and they have little handles to hold and steady themselves with too
- If your child does not have a medical situation and continues to soil themselves, then because of the ratio of adults needed to change a child, we will have to phone you to come and change your child in nursery.

What is the Early Years Foundation Stage?

- The Early Years Foundation Stage (E.Y.F.S.) is the stage of education for children from birth to the end of the Reception year. It has been happening with you at home for the last 3 years and will now include us before your child moves onto school in Reception for the final stage
- It is based on the recognition that children learn best through play and active learning. This is why playing with your child at home, reading with them, talking to them and taking them on outings is such an important part of their development
- They have a wonderful world to explore and it down to you as parents to have been showing them and finding out about the things around them up until now. We will continue to support you on their journey with more structured play and activities (learning) which continues until they finish EYFS at the end of Reception

Areas of Learning

There are 7 areas of learning – 3 prime areas and 4 specific areas

1. Personal, Social and Emotional Development
2. Communication and language
3. Physical Development

4. Literacy
5. Maths
6. Understanding of the World
7. Expressive arts and design

Personal, social and emotional development

The children will be learning to:

- become self-confident
- take an interest in things
- know what their own needs are
- dress and undress independently
- become independent
- tell the difference between right and wrong

Communication and language

The children will be learning to:

- talk confidently and clearly
- enjoy listening to stories, songs and poems
- maintain their concentration during an activity
- respond to instructions
- build up their vocabulary

Physical development

The children will be learning to:

- move confidently
- control their body
- handle small and large equipment

Literacy

The children will be learning to:

- hear and say sounds, and link them to the alphabet
- read and write familiar words
- learn to use a pencil effectively
- continue a rhyming string

Maths

The children will be learning to:

- develop an understanding of maths through stories, songs, games and imaginative play
- counts objects to 10
- find a total when counting 2 groups of objects
- become comfortable with ideas such as 'heavier than' or 'bigger than'
- be aware of shapes and space
- Describe the position of something 'next to' behind'

Understanding the world

The children will:

- explore the world around them, asking questions about it
- build with different materials, know about everyday technology and learn what it is used for
- find out about past events in their lives and their families' lives
- find out about different cultures and beliefs
- Use simple computer programs and other technology

Expressive arts and design

The children will explore:

- colours and shapes
- making things
- role play
- making music

Outdoor learning

We do go outside in all weathers which is why we ask for a waterproof coat every day with a hood. (Hat and gloves in the winter and sunhat and glasses in the summer) We would also like a pair of wellies with your child's name in to be kept in school

The children also have access to water play outside so when they are pouring and filling and emptying containers they may get wet sleeves.

We use outdoors to focus on all areas of learning, the children are encouraged to free flow between in and outdoors

We have fixed large equipment to climb, balance and swing on which is up in the school garden and we try to access that as much as possible

We also have other provision in the nursery area including sand and water trays, mud kitchen, PE equipment, balancing toys, scooters, large crates and planks to build with, reading area, den making, tyres and tunnels, pipes and stands and more!...

Our topics

We look at a different story each week with lots of activities that link to it

Activities are repeated regularly but with the different story/theme so children can use what they learn previously, consolidate learning or try it again...

Examples of stories are: The hungry caterpillar, Kipper, Little Red Riding Hood, Dear Zoo, The tiger who came to tea, Peter Rabbit, Stickman, Little Red hen and Goldilocks and much, much more!

A typical session in nursery

- children self-register, activity time
- carpet for register time-what's the day/weather discussion? Have a look at things in the sound bag/read what Boris the reading bear has been up to
- explain the activities out for the day
- group time – children are split into 2 groups Barn Owls and Snowy Owls; focused teaching time with a different objective-literacy/maths/World/communication...
- activity time in class (snack available)
- open outdoors for free-flow
- tidy up
- Story/singing

Snack time

This is a social time for the children

They can choose to have milk or water and will pour it into a cup from a jug themselves

They can choose 1 piece of fruit and 1 cracker/pot of cereal/breadstick...

We ask that you could donate £1 a week to cover the cost of the extra snack as well as the messy play ingredients – shaving foam, cornflour, shampoo, cereal and things we need when we bake. It can be paid weekly or half termly – sent in a named envelope please

School community

We do join in with some whole school activities throughout the year-

- Assemblies for special occasions
- EYFS performances
- PE session every week in the hall
- Special events in school – panto, arts week, cycling, storytelling
- 2x parent evenings and an end of year report

Medical matters

Please ring the school office on the first day of absence

Any sickness, diarrhoea, must be followed by 48 hrs absence

Head lice are common! Please check regularly and treat as recommended. It is helpful if you let us know as well so that we can tell other parents in the class to check their children

We can only administer prescribed medication from the doctor. You will have to fill in a form consenting us to give it

If your child has asthma, please send in a named inhaler to be kept in school. You will have to fill in a form consenting us to give it and the dosage required

In the summer please apply sun cream before your child comes to nursery. We cannot re-apply later

Supporting your child before September

Fill in the 'all about me' sheet WITH your child - talk to them about the answers, bring it with you in September

Encourage your child to be independent – let them do things themselves even if it takes a little bit longer

Talk positively about starting nursery – what they can do, new friends to make, being a big boy/girl not a baby anymore, encourage them to feel excited and more grown up

Be prepared for changes – behaviour, being tired...allow extra time, stay calm and reassure them

Supporting your child throughout the year

- Please read to your child daily especially at bedtime
- Talk to your child about what you are doing, ask them questions, encourage them to ask you questions
- Allow your child to play...and get messy... this is how they learn best
- Encourage your child to do simple tasks around the house-tidy their bedroom, lay the table for dinner, put dirty pots in the kitchen, put some washing in the machine, tidy their toys away...
- Count things as you go along, steps, flowers, dogs out on a walk, red cars that you pass on a journey, recognise shapes, numbers and letters in the environment etc....
- Please refer to letters of the alphabet by their phonic sound not their name e.g. 'a' not 'ay'
- Encourage your child to write their name in cards/letters etc or make patterns/letter shapes in flour/sand (remember that they only use a capital letter at the beginning the rest is in lower case)
- Homework sent each each half term-Boris the reading bear children each have a turn, talking homework, an activity homework, sound of the week

Nursery ready

Is your child ready for nursery? Can they:

- put on and take off their coat by themselves? Can they hang it on their peg?
- take their shoes off and put on their wellies? Can they swap them back again?
- go to the toilet by themselves, flush it and wash and dry their hands?
- sit and listen to a story? Can they answer simple questions about the story?
- recognise their name and the initial letter?
- count to 5 and beyond?
- join in with singing nursery rhymes?

Have a chat...

If at any point you need to talk to a member of staff please feel free to talk to us. We have more time in the morning 8:45am or at the end of the day 3:15pm. For the first 2/3 weeks until all the children have settled this may not be possible but if it is important please tell us and we will talk in more detail at a later date

Any changes at home in life, illness, behaviour, death, siblings, more people moving in to the house, people moving away from the house - please inform us at any stage in the school year as this sort of thing can greatly impact on a young child's learning. If we know then we can help to support your child appropriately

What next...

Before you leave this meeting you will have:

- a start date for your child to start nursery in September
- times of the session that your child will be attending nursery
- nursery staff information sheet
- 'all about me' sheet to fill in at home with your child

- Any questions?

- Bring emergency contact details sheet, signed behaviour policy and signed home school agreement back in September if not done so already